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Danish Gymnastics and Sports Associations (DGI) is a nationwide organization, working through sport and other cultural activities to strengthen the work of local amateur associations in an endeavour to promote youth and adult non-formal education. DGI comprises about 5000 local associations with a membership of 1.4 million people. Denmark only counts 5.3 million inhabitants. DGI is a member of International Sport and Culture Association (ISCA).

DGI has a long tradition of participation in international projects in many parts of the world. Aided by financial support from the Foreign Ministry and together with African or other Danish NGOs, DGI is involved in long term sports and culture development projects in several African countries. Apart from these projects DGI also organise short-term sports instructor's exchanges in cooperation with Danish Folk High Schools. As part of the ordinary DGI-program we organize international and national seminars, conferences, tournaments, and festivals.



DGI NATIONAL PROJECT

Foreningsfitness Quality Project

The purpose of the Quality Project

The purpose is to improve the quality level for the benefit of the members, instructors and management.

The Quality process must:

- lead to continued improvement of performance – staying competitive
- Lead to knowledge sharing among the training centre
- document Quality assurance
- support the preparation of certification

Basis Principles

- Certificate – 'guarantee for quality assurance'
- Independent assesment
- Distinctive features – maintain variety and diversity
- Free selection of method – but areas that must be fulfilled
- Network based development among the training centre
- Inspiration and process management from Foreningsfitness consultants
- Focus on building in quality in the daily process and not 'rely' on quality control as the goal



Certification in practice

- The **management must be in charge** of the process and the documentation of the quality in the centre
- The team of **instructors must be involved** in the description and the policy and procedures of the training centre
- The process must not be experienced as bureaucratic – but as an **exiting development project**

4 quality areas are in focus with several specific points to be aware of under each area:

1. Members
2. Equipment and Facilities
3. Instructors
4. Organisation and operation

The Quality Process

The process headlines (6-12 months – 14-18 hours of Foreningsfitness consultancy/assessment):

1. Kick off meeting

- Presentation of the Quality process and the 4 Quality standards
- (Scope, planning, setting up priorities and areas of improvement)
- Management and instructors

It is important that the Quality Process involves management and instructors...

2. Workshop for management and instructors – start up Duration: 3-4 hours

The priority phase

- Areas of improvement and documentation plan.

Working phase in the training centre Duration: 2-3 months

3. Workshop – approval and implementation Duration: 3-4 hours

- Approval, description, time and responsibility
- Implementation

Implementation Duration: 2-3 months

4. Certification

- Self test
- Application/
documentation
- Assessment
- Quality Mark ☺



Certification – Foreningsfitness Quality mark

The training centre ask for certification and an evaluation team visits the training centre. Certification is given if report is accepted. To keep the certificate, reassessment within 2 years is obligate – reporting after 1 year (areas of improvements/interest) will be expected.

Contact and more details:

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